

1	7:45 a.m. – 8:35 a.m.
2	8:40 a.m. – 9:30 a.m.
Break	9:30 a.m. – 9:40 a.m.
3	9:45 a.m. – 10:35 a.m.
4	10:40 a.m. – 11:30 a.m.
Lunch	11:30 a.m. – 12:00 p.m.
5	12:05 p.m. – 12:55 p.m.
6	1:00 p.m. – 1:50 p.m.
7	1:55 p.m. – 2:45 p.m.
	1:00 p.m. – 1:50 p.m.

**Be sure to show your Cougar Pride tomorrow by wearing LOTS of red or Carmel gear.** Anyone who is showing spirit and comes to the leadership table at lunch on Thursday will receive a Cougar Buck and will be entered to win CMS Spirit Gear! Go Cougars!

**8th Grade Lava Beds Participants:** This is a reminder that we will be having our first after school meeting tomorrow from 2:30 to 4:30 in the theater. Please bring a pencil and a willingness to learn.

**Fall Sports Starting Soon:** If you wish to try-out for soccer, cross country, or volleyball you MUST FIRST be registered on Sportsnet. The link can be found on our school's website under the "Athletics" tab. Sportsnet Fall registration closes TOMORROW. Please note: If you are not registered on SportsNet by 5:00pm tomorrow evening, you will not be allowed to try out for a fall sport.

**Soccer Tryouts** will take place next Monday, August 26<sup>th</sup> through Wednesday, the 28<sup>th</sup> from 3:00 - 4:30 on the lower fields.

**Volleyball Tryouts** begin next Monday as well. 7th and 8<sup>th</sup> grade girls will hit the courts from 3:00-4:30 on Monday and Tuesday, then return on Thursday from 2:20-4:00

All boys interested in trying out for the volleyball team will report to the gym from 4:30-6:00 on Monday, Tuesday, and Thursday.

6th Grade Girls interested in trying out for volleyball: Your tryout dates are still To Be Determined - Stay tuned! **Cross Country** is open to all dedicated athletes and practices will begin in two weeks - Wednesday, September 4<sup>th</sup>.

**7<sup>th</sup> and 8<sup>th</sup> Graders:** If you'd like to check a locker out for the school year, please see Ms. Cardinalli in the front office at break or lunch.

**Interested in serving your community?** *This Club Saves Lives* has its first meeting this tomorrow at lunch in Mrs. Roman's room, C-7. Everyone welcome.

**Picture Day is next Tuesday, August 27<sup>th</sup>**. Ask your parents to go on to our school website and follow the Photo Day link to order your school pictures in advance!